



Warm Hearts ~ Warm Babies

Volume 14, Issue 1

January 2013

News

HAPPY NEW YEAR

Baby Ella

Hi Everyone,
Happy New Year! I hope you all had a wonderful holiday season. We still need tote bags, both boy and girl. The board is doing inventory soon so by my February note I will know what we are really short on. I've had so much fun during the holidays I haven't kept track like I should and everything doesn't get unpacked until after the board does inventory. Time to start thinking about making outfits for spring, but we still need outfits for winter. Bottles, pacifiers, and toiletries are always needed, as well as socks.

Love, Baby Ella

BOARD MEETING

Just a reminder the next board meeting is January 12th, 2013 at 10:00 a.m.

NEWSLETTER IDEAS

Do you have new recipes, craft ideas, or something that would interest others in the group and are willing to share? We welcome all articles. The deadline every month is the 25th. Feel free to send the information to whwbDL7@yahoo.com.

A STRANGE NEW WORD

From Carole Rothrock

As a regular listener to Colorado Public Radio (90.1 FM), I was startled to hear the following: "Support comes from Crafts.com, offering on-line interactive classes for quilters, sewists, knitters, cake decorators, cooks and other passionate makers." Thinking I had not heard correctly, I listened the next day, and the next, and there they were: *sewists* and *sewists*. Intrigued, I Googled this strange new word and got 70,400 entries. *Wikipedia* says that *sewist* is a new term combining the words *sew* and *artist* to describe someone who creates sewn works of art.

Well, I was much relieved. Over the years, I have been called sewer, home sewer, seamstress and tailor and have embraced all of these terms as they aptly described my projects at the time. My *Webster's Dictionary* ignores *sewist* and describes *sewer* as "a person or thing that sews (1350-1400)." Exactly! Should we discard a term in use for centuries in favor of the Johnny-come-lately "*sewist*" or the oh-so-trendy "*sew-er*"?

I am proud to be "a person...that sews," so sewer fits me just fine. I am even prouder to sew for Warm Hearts/Warm Babies even though I do not create works of art.

Are you a sewer or a sewist?

POP TAB COLLECTIONS FOR MCDONALDS

Pop Tab Collections

Collecting pop tabs is a great way to teach kids about philanthropy and the importance of recycling, and raise funds to help children and their families at the same time. Some of our Chapters raise thousands of dollars with their pop tab collections.

Why?

Ronald McDonald Houses collect pop tabs instead of entire aluminum cans because it's more hygienic to store tabs than cans, and collection and storage is easier. The program is an easy way for people of all ages to support RMHC and know they are making a difference for families and children.

Where?

If your local Ronald McDonald House participates in the program, it's likely cardboard collection containers in the shape of a house have been distributed to schools, community and civic groups and other organizations in your area. Collect pop tabs to drop off at one of these areas, or contact your local House about getting a collection container that you can be responsible for filling through one of your own groups.

How much?

After the tabs are collected, the local RMHC Chapter brings the collection to local recycling centers, where they are weighed to determine their value (values can vary significantly). The recycling center then sends the local RMHC Chapter a check for the total value.

Still don't think it can make a difference?

While it does vary by Chapter, RMHC Upper Midwest raises approximately \$30,000 a year through their pop tab program. Now that is a lot of pop tabs! Did you ever think it could be so easy to help families in need?

“Cheers to a new year and another chance for us to get it right.”

— [Oprah Winfrey](#)

We are collecting the pop tops, and when we have enough we will deliver them to Ronald McDonald House when we deliver quilts to them....we plan on making our first donations to both of the Denver Ronald McDonald Houses after the first of the year,

Places to donate the tabs as well in the Denver Metro Area include the following:

RMHC of Southern Colorado Inc.

311 North Logan

Colorado Springs, CO 80909 USA

Phone: 719 471-1814

RMHC of Denver, Inc.

1300 E. 21st Avenue

Denver, CO 80205-5218 USA

Phone: 303 832-2667

Ronald McDonald Home

932 Potomac Circle

Aurora, CO 80011

720-324-2424

DONATIONS

Agencies Delivered to: 19

Number of items delivered: 3,740

Denver Medical Center

Jeffco Nurses

St. Mark's Clothing Pantry

University Hospital - Mother and Infant

Community Lift Services

Platte Valley Hospital

CPMC (Ft. Morgan)

Vail Valley Medical Center

University Hospital – Neo-Natal Loss

Bright Beginnings

University Hospital – NICU

Inner City Services

Children's Hospital

Life Choices – Longmont

NCMC (Greeley)

Rocky Mountain Hospice

Lutheran Hospital

Servico de la Rosa

Jeffco Action



JANUARY 2013 BIRTHDAYS

Lyn Hente	1-Jan
Rita Scheel	3-Jan
Fern Fox	4-Jan
Judy Swens	4-Jan
Vivian Denton	5-Jan
D. Ashley Drahn	7-Jan
Judie Zedeck	7-Jan
Stacy Kreams	7-Jan
Seung - Mee Oh	9-Jan
Lilian Beaugh	14-Jan
Kathy Moore	15-Jan
Lauren Schlicht	16-Jan
Phyllis Brindos	17-Jan
Shona Osborne	18-Jan
Paula Rogers	19-Jan
Reva Lapsley	19-Jan
Barbara H. Parsons	20-Jan
Dorothy Farner	20-Jan
Pat Atchison	20-Jan
Ginger Bell	22-Jan
Kristy Shine	22-Jan
Jean Meigs	23-Jan
Diane Doty	24-Jan
Irmgard Dedio	24-Jan
Roberta Ballard	24-Jan
Marguerita Cole	25-Jan
Charlotte Stollsteimer	26-Jan
Donna Copeland	26-Jan
Ashley Skatberg	28-Jan
Marge Botuo	28-Jan
Deborah Ardila	29-Jan
Sally Hult	29-Jan
Irene Davey	30-Jan

Cookbooks

Cookbooks are here!!! They are \$8.00 each or two for \$15.00. Cash and checks will be accepted. If you are unable to attend your meeting, please contact Lori Kratzer at 720-273-1687 or lorijkratzer@hotmail.com. Check out these great recipes in the book.

Melinda's 5 minute Chocolate Mug Cake

From: Frances Scott

4 T flour
 4 T Sugar
 2 T cocoa
 1 egg
 3 T milk
 3 T chocolate chips
 Splash of Vanilla
 1 large coffee mug

Add dry ingredients to mug and mix well. Add the egg, mix thoroughly. Pour in the milk and oil, mix well. Add the chocolate chips and vanilla, mix again. Put the mug in the microwave and cook for 3 minutes. The cake will rise over the top of the mug. Mixing the liquids and egg in a separate bowl works a little better. Substituting whole wheat flour and olive oil work well also.

Taco Soup

From: Marie Kidd and Jan Pachelo

1 large onion diced
 1 lb. lean ground beef
 1 pkg. taco seasoning
 1 pkg. ranch dressing
 2 cans pinto bean
 1 can corn or hominy
 2 cans crushed tomatoes
 1 can water
 1 small can chopped green chilies
 1 small can tomato sauce

Brown meat with onion, then drain., In a large pot or crock pot, add meat and all remaining ingredients. Cook for 30 minutes or in crock pot for several hours.

Freebies for Seniors

Michael's

Discount on Tuesdays with AARP card.

Motel 6

10% discount at over 900 locations. Ages 60+

Mrs. Fields

A 10% discount at participating locations.

Ages 60+.

National Car Rental

Everyday. Call 1-800-CAR-RENT for details.

Ages 50+. AARP members save up to 25%.

National Parks

Free entrance to national parks with purchase of \$10 America the Beautiful Senior Pass.

Norwegian Cruise Line

5% discount for AARP members. Must book nine months in advance.

Radisson

10% off the standard rate. Ages 60+.

Regal Cinema

A discounted senior movie ticket for ages 60+.

Ross

10% off on Tuesdays for ages 55+ at participating locations.

Shoney's

Everyday. 10% discount. Ages 60+.

Taco Bell

Free drinks for seniors at participating locations.

Starwood Hotels

aloft, Elements, Four Points, Sheraton, St. Regis, W Hotels, Westin

Up to 20% off best available rates. AARP members or 50+.

Steinmart

A 10% discount the first Monday of every month.

SuperCuts

\$2 off hair cut. Ages 60+.

Tanger Outlets

Free coupon book for AARP members. Includes discounts of up to 20% off.

TCBY

A 10% discount at participating locations. Ages 55+.

Teleflora

A 20% discount everyday for AARP members.

Wendy's

A free drink at some locations. Ages 55+.

Wyndham

Baymont, Days Inn, Howard Johnson, Hawthorn Suites, Knights Inn, Microtel, Ramada, Super 8, Travelodge, and Wingate by Wyndham

AARP members get up to 20% off of the best available rate. Non-members ages 50+ get 10% off.

There is no "I" in Team, but we sure are glad there is "u" in our volunteers



WORK GROUPS

Arvada Work Group: Meets 2nd Thursday of the month from 9:30 am to 2:00 pm Meets at the King of Glory Lutheran Church 10001 W. 58th Ave., Arvada (58th and Kipling-east door) Contact Glenda: COLOKIDZ@aol.com. Bring a potluck dish, your machine and scissors.

Briggsdale Work Group: For information please contact Sandra Hicks by email at: sandrahicks@wigginstel.com

Brighton Work Group: Meets 3rd Wednesday of the month 9:00 am to 2:30 pm Meets at Seventh-day Adventist Church, 567 Bromley Lane, Brighton; Contact Carol: chesneyc@aol.com Bring a dish to share at our potluck at noon.

Colorado Springs Work Group: Meets 3rd Saturday at Faith Presbyterian Church, 1529 N. Circle Dr.. Contact Linda: LWaxler46@aol.com for what to bring.

Kaiser Permanente & Friends Work Group: Arapahoe Road and Holly. For times and dates please contact Tammy: Tammy.Sabad@kp.org or 303-919-5413.

Lakewood Work Group: Meets at Helen's house in Bailey on the last Friday of the month, and at Kathryn's house in Lakewood on the third Thursday. Please contact Kathryn for dates and times of their next meetings at: info@warmheartwarmbabies.org.

Littleton Work Group: For meeting information please contact the group at info@warmheartwarmbabies.org.

Loveland Work Group: Meets 3rd Thursday of the month at 10:00am. Meet at: Church of the Nazarene 807 W. 29th St. Loveland. Contact Judy: our2pets@msn.com or Karen at the church: 970-667-4323 for more information.

Rocky Mountain Group (Georgetown): Meets the 3rd Tuesday of the month at the First Presbyterian Church in Georgetown. Noon until ?

We are always looking for work group coordinators in various areas around the state. If you are interested in hosting a meeting, let us know! You can find out more information on starting a meeting by visiting the Volunteer section on our web site at: www.warmheartwarmbabies.org.

Board of Directors

Lauren Schlicht	President	Donna Lantgen	General Director
Glenda Bredeson	Vice-President	Bonnie Yockstick	General Director
Nancy Cochran	Treasurer	Lori Kratzer	General Director
Elizabeth Henry	Secretary	Marie Kidd	General Director

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BRIGHTON, CO

Warm Hearts ~ Warm Babies – Sewing Colorado’s Little Ones

Our Mission Statement:

Warm Hearts ~ Warm Babies provides clothing, blankets, and other essential items to premature and newborn infants, and young children, in crisis, free of charge.

Help us reduce postage costs by letting us know if you no longer wish to receive this newsletter by mail. Email us at:

info@warmheartswarmbabies.org or call us at 303-919-5413. This newsletter is available on our website.

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