



Warm Hearts ~ Warm Babies News

Volume 13, Issue 10
October, 2012

Hi Everyone,
Happy fall everyone! Time to change the clothing to fall and winter. We need fall/winter going home outfits for boys and girls like long pants, long sleeved shirts, sweatsuits and such. We need jackets and sweaters badly now that fall is here. The bins for receiving blankets and totes are slowly filling up, but we need more for both boys and girls. **THE BIN FOR PACIFIERS IS EMPTY!** The bins for bottles, and toiletries are also getting low. We need socks badly! (We ALWAYS need socks.)

Love, Baby Ella



Lori Kratzer and Marie Kidd

Can you believe these are
“potluck baker carriers”!!!

Hope you are all busy making things for the bazaar.

“Think left and think right and think low and think high. Oh, the thinks you can think up if only you try” – Dr. Seuss



Cookbooks

The great news is we have sold almost two boxes of cookbooks (almost 200)!!! The bad news is there are 10 more boxes in Glenda's spare bedroom that I'm sure she would like to eventually have back. We know that we will sell several hundred at the upcoming craft shows but we still need your help--who do you know that you give a gift to at the holidays: doctor, dentist, hairdresser, massage therapist, nail tech, your children's or grandchildren's teachers, and etc. We will have some potholders available to tie with a cookbook--makes a great hostess gift! Please think about other ways to sell/use these great cookbooks! Let's share the ideas at the next meeting in October.

Cookbooks are here!!! They will be available for purchase at the October workgroup meetings. They will be \$8.00 each or two for \$15.00. Cash and checks will be accepted. If you are unable to attend your meeting, please contact Lori Kratzer at 720-273-1687 or lorijkratzer@hotmail.com

PARLEZ-VOUS FRENCH SEAM?

Sewing has two basic tasks: How to join material together (seaming) and how to protect it during use (hemming). The cave woman with awl and hide obviously did the first task but probably not the second (shedding must have been a problem). Our sewing tasks are the same as hers; thankfully our tools and techniques have advanced. In fact, one tool—the serger—joins and protects at the same time. If you are serger-less by choice or by chance, consider using the old-fashioned French seam. You may recall that a narrow seam is sewn on the right side of a garment, trimmed and turned to the wrong side where another narrow seam enclosing the first is sewn. The result looks like an ordinary seam on the outside and a small neat tuck on the inside. It was meant for straight edges, but curved edges can be French-seamed if trimmed or pinked 1/8 inch from the first stitching. Because enclosed seams are twice as thick as ordinary seams, they are best suited for soft or thin fabrics.

Here's a TIP for using a French seam to construct babies' long pants. Most people sew the front and back seams separately, then the inseams in a continuous seam. Reverse the order: Sew each inseam separately, then the front and back seams in a continuous seam. Use a straight stitch on wovens and a small zigzag on knits. This method reduces crotch bulk and strain. (It isn't worth doing on short pants, however.)

Free Serger Class

Learn the basics if you are interested please email info@warmheartswarmbabies.org or call 303-975-6394. We are offering this class on Saturday October 27th from 10:00-2:00 at the Baby House – 6429 “D” Miller Street, Arvada, CO. Seating is limited so be sure to register early. It will be a great opportunity to learn and make things for the babies.

SEWING KNITS WITHOUT A SERGER

Would you like to sew for babies using knit fabrics but don't have a serger? You can make an acceptable garment in a reasonable time with any machine that has a zigzag stitch.

Pattern. Choose a small, simple garment like our preemie crisscross undershirt (your work group coordinator has the pattern and instructions). Since it is designed for serging, you'll have to add 5/16 in. for neck and sleeve hems and 5/8 in. for bottom hems. The pattern has 1/4 in. seam allowances.

Fabric. Choose a stable cotton interlock knit; use jersey and other stretchy knits when you're more experienced.

Stitches. Set your machine's tension for a balanced zigzag stitch. Set the stitch width selector for the widest stitch. Set the stitch length selector to 8-10 stitches per inch. These settings will make a stitch that will not "pop" when the garment is worn.

Smooth, flat hems and seams are essential for a baby's comfort. Begin stitching hems just to the left of the cut edge (the left side of the stitch pierces one layer--the garment--and the right side pierces two layers--the garment and the hem). The stitch covers the cut edge and extends well into the hem to keep it flat. Use the same stitch for seams and finger press them to one side.

Construction Sequence. Shoulder seams; neck, sleeve and back hems; cross one front over the other (cut away bottom hem allowance from the under front); front hem; insert sleeves; side seams.

You may want to touch the hems with a steam iron to meld the stitches, but otherwise, you're done!

Thank You

Dear Cindy and the Volunteers of Warm Hearts~Warm Babies,

Thank you so much for the beautiful hats. The wonderful, warm, colors of the hats were appreciated.

We appreciate you and your willingness to always help us out with our needs.

Thank you for your time and energy,

Madonna-----Lutheran Hospital Women and Family

Blessing Gown

I'm volunteering at a local hospital as a Doula (a birth coach providing pregnancy, labor and postpartum services). I've been doing this for almost three years now. I've been at all types of births.... preemies, twins, c-sections.. . It's been quite the experience.

Friday I was called by the director of the Doula program and asked if I could help with a fetal demise birth. Mom stopped feeling movement and tests confirmed that baby had passed, mom was 29 weeks into her pregnancy. I spent about 48 hours this weekend helping Mom and Dad deliver a little Angel.

Before I left for the hospital I went through my blessing layettes and chose several sizes for both boy and girl (as parents had decided to not find out what sex the baby was in advance). This morning at 4:35 am I attended the birth of my first Angel. It was very difficult, as you can imagine.

Mom and Dad were both thrilled to have a beautiful white gown, booties and bonnet along with a pink blanket to dress her in. I helped Dad dress the little (2 pound 13 ounce) baby girl. I took pictures of Dad and then Mom and Dad with baby. I can't begin to tell you what a difference the blessing gown set made. At first the parents just had her in the flannel blanket the nurses had laid over her. To see the interactions before and after she was dressed were incredible.

I just wanted to share this experience with you all and thank each of you who help with the gowns, hats/bonnets, booties and blankets. You can not begin to imagine the difference being able to dress the baby makes to the parents. To watch the grief change from sad to smiles is amazing. I was thrilled to be able to help the parents in this small way. I told them all about you and our group. They are so thankful that there are wonderful ladies like you who are so willing to help heal hearts that are breaking... that you don't even know.

Thanks so much to each of you. You touch so many, in such wonderful ways. I'm proud to know you all and so proud to call you my crafting friends. Blessings going out to each of you!!

Love you all!

By Bobbie (who now breaks out in tears every so often. I don't think I'll ever look at a baby the same.... they are such fragile little beings)

Written for All Crafts for Charity

If you see someone without a smile...give them one of yours



Jan Hommas	Oct 01
Lou Ann Hustuedt	Oct 01
Nancy Johnson	Oct 01
Jane Metzler	Oct 01
Lolita Stacy	Oct 04
Anna Oliver	Oct 05
Beatrice Taylor	Oct 05
Jill Leprich	Oct 06
Gail Swanson	Oct 06
Glaysds Girard	Oct 07
Vickie Sweetland	Oct 08
Diane Cordova	Oct 08
Joyce Williamson	Oct 09
Bonnie Junker	Oct 10
Marjorie Leonard	Oct 10
Mary Ann Ter Wee	Oct 10
Jerry Luginbill	Oct 12
Gayle Snook	Oct 15
Diane Christian	Oct 16
William Hartley	Oct 16
Sheri Moody	Oct 16
Kristine Roehrich	Oct 16
Mary Weiss	Oct 16
Terri Dunn	Oct 17
Billie J. Hillje	Oct 17
Lana Peer	Oct 17
Yvonne Wiseman	Oct 17
Karren Clonts	Oct 19
Vera Melorango	Oct 19
Ann Petrocelli	Oct 19
Donna Gari	Oct 20
Leslie A. Hughes	Oct 20
Jossie Schenck	Oct 20
Jan Herbel	Oct 22
Kathleen Thomas	Oct 22



Beverly J. Haidle	Oct 23
Dianne Jones	Oct 23
Julie Tandberg	Oct 23
Laverne Rodine	Oct 25
Cheryl Stokes	Oct 25
Ruby Henderson	Oct 26
Sally Carrera	Oct 27
Lisa DeWitt	Oct 27
Veryl Schoen	Oct 28
Karna Jones	Oct 31
Pat Phillips	Oct 31

Donations

4,435 Items ----- 19 Agencies
 Life Choices - Longmont
 Grand Junction
 Jeffco Action
 Bright Beginnings
 Adventist Lift Services
 Univeristy Mother & Infant
 Platte Valley
 Horan & Mcconaty
 Childrens Hospital
 University Neo-Natal Loss
 University NICU
 Inner City Services
 St. Augustine Food Pantry
 St Anthony'S Medical Center - Frisco
 Salvation Army - Colorado Springs
 Healthy Beginnings - Loveland
 One Nation
 Life Support Center
 Colorado Springs Pregnancy Center

WORK GROUPS

Arvada Work Group: Meets 2nd Thursday of the month from 9:30 am to 2:00 pm Meets at the King of Glory Lutheran Church 10001 W. 58th Ave., Arvada (58th and Kipling-east door) Contact Glenda: COLOKIDZ@aol.com. Bring a potluck dish, your machine and scissors.

Briggsdale Work Group: For information please contact Sandra Hicks by email at: sandrahicks@wigginstel.com

Brighton Work Group: Meets 3rd Wednesday of the month 9:00 am to 2:30 pm Meets at Seventh-day Adventist Church, 567 Bromley Lane, Brighton; Contact Carol: chesneyc@aol.com Bring a dish to share at our potluck at noon.

Colorado Springs Work Group: Meets 3rd Saturday at Faith Presbyterian Church, 1529 N. Circle Dr.. Contact Linda: LWaxler46@aol.com for what to bring.

Kaiser Permanente & Friends Work Group: Arapahoe Road and Holly. For times and dates please contact Tammy: Tammy.Sabad@kp.org or 303-919-5413.

Lakewood Work Group: Meets at Helen's house in Bailey on the last Friday of the month, and at Kathryn's house in Lakewood on the third Thursday. Please contact Kathryn for dates and times of their next meetings at: info@warmheartswarmbabies.org.

Littleton Work Group: For meeting information please contact the group at info@warmheartswarmbabies.org.

Loveland Work Group: Meets 3rd Thursday of the month at 10:00am. Meet at: Church of the Nazarene 807 W. 29th St. Loveland. Contact Judy: our2pets@msn.com or Karen at the church: 970-667-4323 for more information.

Rocky Mountain Group (Georgetown): Meets the 3rd Tuesday of the month at the First Presbyterian Church in Georgetown. Noon until ?

We are always looking for work group coordinators in various areas around the state. If you are interested in hosting a meeting, let us know! You can find out more information on starting a meeting by visiting the Volunteer section on our web site at: www.warmheartswarmbabies.org.

Board of Directors

Lauren Schlicht	President	Donna Lantgen	General Director
Glenda Bredeson	Vice-President	Bonnie Yockstick	General Director
Nancy Cochran	Treasurer	Lori Kratzer	General Director
Elizabeth Henry	Secretary	Marie Kidd	General Director

Warm Hearts ~ Warm Babies
PO Box 1266
Brighton, CO 80601

NONPROFIT ORG
U.S. POSTAGE

PAID

PERMIT NO. 13

BRIGHTON, CO

Warm Hearts ~ Warm Babies – Sewing Colorado’s Little Ones

Our Mission Statement:

Warm Hearts ~ Warm Babies provides clothing, blankets, and other essential items to premature and newborn infants, and young children, in crisis, free of charge.

Help us reduce postage costs by letting us know if you no longer wish to receive this newsletter by mail. Email us at:

info@warmheartswarmbabies.org or call us at 303-919-5413. This newsletter is available on our website.

Visit our web site at:
www.warmheartswarmbabies.org